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#### Fat Based Consumer Products

#### What can we expect?

Prof. Dr. Michael Bockisch Jesteburg / Germany

### Trends (Western and emerging countries)

- more dogmatism,
- hedonism,
- land of milk and honey-like choices,
- situation-based and schizophrenic behaviour with no typology any more,
- dogmatism in wealth, intolerance,
- health wellness,
- contradictory emotional behaviour,
- abandoning traditional behaviour patterns,
- obesity mal-nutrition.

# Within these trends

Only food products, will succeed that are accepted by

- the trade
- the consumers

Governments for instance will only be able to forbid, they will not be able to launch products.

## Help is needed from wise Politicians

It can't be the task of politicians, to monitor public opinion and then do the popular things. Task of a politician is, to do the right things and to make them popular.

Walter Scheel (ex-President of Germany)

A Dogma

is a fixed definition, with an inherent, indisputable substance of truth, as it assumes to reflect reality

# this automatically means

Living under a dogma means

- there is no need to reflect
- there is no need to decide

# Some Consequences:

• stand still,

- curing symptoms instead of root causes,
  no discussion,
- no progress

#### Becel pro activ as an example

- >10 years development time
- appr. 100 mln € cost,
- Novel Food Legislation,
- enriched with sterols from oil seeds,
- reduces cholesterol level by 10-15%,
- no drug !

### Becel pro activ as an example

>10 years development time

From the example can be learnt:

Real big innovation that has to undergo The EU novel food legislation needs a wide and regular consumption for the required pay-back.

### what is supposed to come?

- Food for the prevention and relief of widespread diseases as for instance:
  - High Blood Pressure
  - Rheumatic Diseases
- more food with no scientifically proven effect
  - but possibly with a "personal" positive effect

### We all would be helped by

but....

We all would be helped by π-3-fatty acids...but....

- they come only from fish
- fish is scarce
- farmed fish only holds them, when it is fed fish or special algae

They might – also as a feed for fish - come from GMO-rape, which at present is not at all accepted in Europe

### **Energy from Food Sources**

# All want to return to nature, but nobody on foot.

Petra Kelly, German Green Party Activist 1947 - 1992

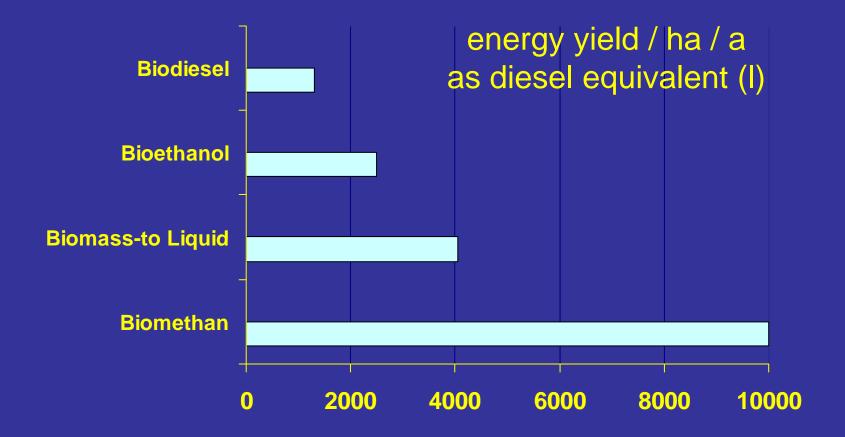
### means for the Food Industry

- fighting for their raw material
- fighting against an industry that moneywise thinks in a different league
- being aware that farmers will possibly seek new alliances
- being alarmed that food prices might rise dramatically

### with bio diesel as a tortuous path

- burning the physiologically best vegetable oil Europe has
- using a plant that is not energy but food optimised since centuries
- disturbing the equilibrium between two very different markets
- making inferior usage of our land resources

# inferior usage of acreage



### What are the issues? Sources

- EU states force fuel from renewable sources, above what they can presently produce
- Palm oil cheaper than rape seed oil
- Gasoline Companies engage in palm oil plantations
- NGOs start activities against Palm oil (logging the rain forest issue) – will this one day bring back products with fully hardened oil instead of POS?
- Taking food from the poor (Tortilla War)

### What are the issues? Sources

Filetatos forco fuel from renovable sources

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Listen to Erich Dumelin's more detailled lecture on this issue, today afternoon

the

rain forest issue) – will this one day bring back products with fully hardened oil instead of POS?

• Taking food from the poor (Tortilla War)

# What might be next? Trade in virtual water ???

#### At present we need to produce 1kg of

Maize	900	Milk	1000
Wheat	1350	Soya Beans	1800
Palm oil	2000	Beef	16000

litres of water

Source amongst others: www.waterfootprint.org



litres of water

Source amongst others: www.waterfootprint.org

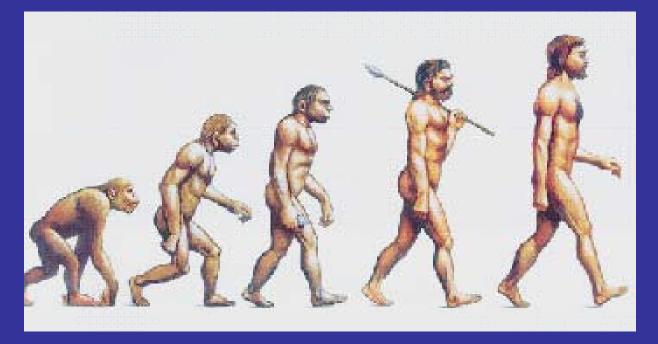


#### We as the

#### Fat Industry

#### are in the Focus

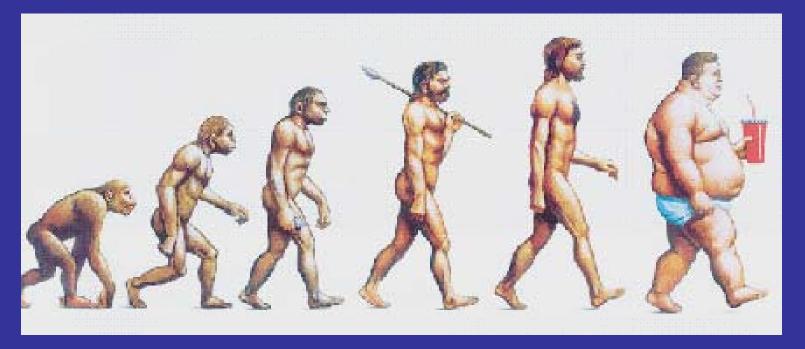
# Is it Darwinism?



**Source: The Economist** 



# Is it Darwinism?



**Source: The Economist** 



# Why is this an issue of the Fat-Industry?

- food obviously plays a role (even if a very small-one)
- we have been pointed at as "The Guilty"
- a patent remedy is looked for
- the Food Industry is part of the society that has that problem
- but also: "Helping-to-Slim"-Food promises good business

# Food can help,

- Food especially fat-based products with reduced calorific value are in the market since more than 25 years and are permanently improved.
- Fat Phobia is of no use and dangerous.
- No product can resolve the input-output problem (insufficient physical activity).
- Discriminating food harms.
- There will be no food product with "negative caloric value"!

### "Easy Solutions" are easier than bearing the truth





# "Easy Solutions"



- are counterproductive replacing self responsibility by misleading guidance
- do not resolve the issue and may lead to diseases by fatphobia
- are far too slow to reflect any progress in science
- will not at all resolve the problem

# Food can help! We will see

- more products allowing for a better 
   <sup>-</sup>σ-6
   balance
- more products with EPA and or DHA
- even difficult-to-change product formulations being trans-FA-free
- better texture in fat reduced products
- more products where fats are replaced by oils

## Food is highly emotional, therefore

- the non-GMO trend in Europe will not be broken
- more "guaranteed-GMO-free" sources and supply chains will become available
- we will see a continued trend towards "biologically grown" raw materials even in discounters, also for oils and fats
- a still tiny trend towards cold pressed certifiedorigin seed oils will grow
- the industry must observe and take serious these trends in order not to loose out

#### Thank you for your attention

#### I am looking foreward to your questions